

**CONTACT:** Ray Reyes, Administrator  
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**MEDIA ALERT**  
**Friday, April 26, 2013**  
**1:30pm-3:00pm**

**BEYOND THE BOROUGHES SCHOLARSHIP FUND, NFL STARS, AND  
CHEF RICHARD INGRAHAM TO SHOW KIDS AT FOOD AND FINANCE  
HIGH SCHOOL HOW TO EAT AND WORKOUT LIKE A FOOTBALL STAR  
DURING THE NFL DRAFT**

*The Chef to dozens of NFL, MLB, and NBA stars and the Founder of Beyond the Boroughs Scholarship Fund, host a healthy living camp and meet and greet for 150 high school students at Food and Finance High School.*

- WHAT:** *Beyond the Boroughs Scholarship Fund and Chef Richard Ingraham have partnered to host a healthy living demo on **Friday, April 26, 2013** at the **Food and Finance High School**. Chef Ingraham will teach a group of 150 students that healthy eating is part of a star athlete's lifestyle. Following a Q&A with several of Tutan Reyes' NFL friends, Chef Ingraham will conduct an interactive cooking demo. The students will learn healthy cooking tips, recipes, and receive the opportunity of meeting current and former NFL stars.*
- WHEN:** Friday, April 26  
1:30p.m. - 3 p.m.
- WHERE:** Food and Finance High School, 525 W 50th St, New York, NY 10019
- WHO:** Dwyane Wade's personal chef, Richard Ingraham, former Giants' and Beyond the Boroughs Founder Tutan Reyes. Interviews with players and/or Chef Richard Ingraham available.

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**About Beyond the Boroughs**

Founded by NFL veteran Tutan Reyes, whose life was transformed by the college scholarship he received, Beyond the Boroughs awards four-year scholarships -- each worth up to \$20,000 -- to both male and female students of any race from any state. We aim to create deserved college scholarship opportunities for students, with a primary focus on first generation collegians.

**About Chef Richard Ingraham**

Chef Richard Ingraham is the culinary architect behind [ChefRLI, LLC](#). It provides fine dining and customized meal planning for an elite group of clients including: *NBA Champ Dwyane Wade, SuperBowl Champ Michael Oher, and World Series Champ Jon Jay* in addition to a plethora of NFL, MLB, and NBA stars. Chef Richard Ingraham was recently selected by Walmart as their [Thanksgiving Mishaps](#) Ambassador, appeared on Chopped, and works with White House Initiative *Chefs Move 2 Schools* to provide healthier eating options to youths. For more information on Chef RLI, LLC, please email [info@chefrli.com](mailto:info@chefrli.com) or visit [www.chefrli.com](http://www.chefrli.com).