

## **Biography of Chef Richard Ingraham**

Chef Richard Ingraham was born and raised in Miami, Florida and became a culinary enthusiast at an early age. He trained at the Art Institute of Atlanta. A few years later, he was offered what is now his current position as Private Chef, for the Miami Heat's [Dwyane Wade](#). He is responsible for the nutritional diet that keeps the star fit, toned, and healthy on and off the court.

The combination of his world-class training, recognitions, and passion for fine cuisine and spirits has allowed him to create a network of Private Chefs called [ChefRLI](#), that serves a plethora of NBA, NFL, MLB, entertainment personalities as well as corporate clients across the country including:

- **MLB:**  
Machado, Yonder Alonso, Jemile Weeks, Al Almora, Gaby Sanchez, Steven Rodriguez, Yuniesky Betancourt, and World Series Champ Jon Jay
- **NFL:**  
Asante Samuels, Santana Moss, Ricky Jean Francois, Donte Whitner, Mike Thomas, DeMarcus Van-Dyke, Colin McCarthy, Branden Albert, Antrel Rolle, Alshon Jeffery, LeRon McClain, Olivier Vernon, Jelani Jenkins, and Michael Oher
- **NBA:**  
Patrick Ewing, Udonis Haslem, John Wall, Chris Bosh, NY Knicks player, and of course Dwyane Wade
- **Entertainment:**  
Kelly Rowland, Roxanne Vargas, Miguel Paredes, and Alfred Liggins, NBC6 Miami, Disney on Ice, Food Network's Chopped
- **Corporate:**  
Walmart, GOYA Foods, Mission Foods, Ciroc, Black Entertainment Television (BET), Moet & Hennessy USA

### **Retail Line**

In 2014, the company worked with celebrity-loved clothing line [Peace Love World](#) to create a line dedicated to foodies called [Peace Love Cook](#).

### **Community Involvement**

- Selected for South Beach Food and Wine Festival's "The Best Thing I Ever Ate at the Beach" alongside Wade a few years ago, Ingraham has joined Michelle Bernstein and Michael Schwartz in First Lady Michelle Obama's [Chefs Move 2 Schools White House Initiative](#) to encourage healthier eating habits among our country's youth.
- As GOYA Foods' My Plate Ambassador he is also tasked with promoting alternative cooking methods to parents of school-aged children.
- ChefRLI combined its charitable efforts with [Beyond the Boroughs Scholarship Fund](#) Founder and NFL Vet Tutan Reyes, to provide healthier eating options to kids in New York City. The **Ben and Sarah Gibson** Culinary Scholarship was created as a result of the partnership to help high school graduates attend culinary school.
- Ingraham is also an esteemed Advisory Board Member of the Miami Culinary